

ANNUAL REPORT 2025





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INTRODUCTION

The Dexeus Mujer Foundation consolidates its leadership in women's health

2025: A year of growth, advancing research and strengthening our commitment to women's health

In 2025, the Dexeus Mujer Foundation **reaffirmed its commitment to women's health and wellbeing** through various initiatives in research, scientific outreach, teaching and social action.

The Foundation's work was guided by the principles of **scientific rigour**, a commitment to **knowledge transfer**, and a focus on the **real needs of women**. All with a shared goal: to translate that knowledge into tangible benefits for both clinical practice and society.

Throughout 2025, the Foundation maintained a **high level of research activity, conducting more than 70 retrospective and prospective clinical studies in assisted reproduction, gynaecology, obstetrics, diagnostic imaging and genetics**, thereby strengthening its capacity to generate applied scientific knowledge. This work also resulted in an impressive scientific output, including more than 40 publications in leading national and international journals.

Teaching and training continued to play a central role in the Foundation's work, in line with its strategic objective of knowledge transfer and professional development.

Throughout the year, the Foundation has strengthened its collaboration with leading universities and academic institutions, promoting specialised master's degrees, doctoral theses, medical training programmes, and other initiatives to ensure the continuous professional development of healthcare professionals. In total, more than 100 junior doctors have completed their specialist training at Dexeus, and 8,500 students have been trained there or have undertaken a course or training placement.

Furthermore, it has promoted the **organisation of new events**, such as the Dexeus Debates in Fertility, and actively participated in international scientific conferences and meetings, fostering knowledge exchange, networking, the development of strategic partnerships, and the dissemination of best practice.

The Foundation has continued **to expand its ecosystem of partnerships** with other academic institutions, clinical centres, social organisations and the biomedical industry, in the firm belief that progress in women's health is only possible through cooperation and the pooling of expertise. These partnerships have enabled the development of innovative projects, care programmes and awareness-raising initiatives that directly impact healthcare and society.

The Dexeus Mujer Foundation has its origins in the medical and scientific project launched by Dexeus Mujer. It is a not-for-profit organisation established in 1995 to share with society all the knowledge, experience and advances in women's health promoted by the Dexeus Mujer Group.

In the field of **social action**, the Foundation continued its work through various **programmes providing free healthcare**, including the Fertility Preservation Programme for Cancer Patients, the Gynaecological Care Programme for Women with Disabilities, psychosocial support for cancer patients, the Genital Reconstruction Programme for women who have undergone female genital mutilation, and sex education for vulnerable and socially disadvantaged groups. All of them have continued **to grow and expand their reach, offering specialised care, support and new opportunities to women and groups in particularly vulnerable situations.**

With regard to **outreach**, the activities carried out in 2025 include the **solidarity campaign for women with cancer** "Taking greater care with our words takes better care of us all", which forms part of the **#simeimporta** project, promoted by the Foundation in collaboration with Women'secret; participation in the **"Amb Veu de Dona" series on Cadena SER** to discuss late motherhood; the workshop on the menopause held at the **Aura Foundation**; and the sponsorship of the **TEDx Via Augusta Women project**, a space for sharing ideas whose aim is to build an open and creative community, positioning women as agents of change to drive a fairer and more inclusive future.

Furthermore, in 2025, the Dexeus Mujer Foundation has continued its **humanitarian project in Cameroon**, launched in 2023 in partnership with the Fondation Jean-Félicien Gacha. Since its inception, the project has combined medical care for the rural population with training, working alongside local professionals to improve skills in complex gynaecological surgery and strengthen the region's healthcare capacity. The 2025 mission, carried out in the rural district of Banganté, has expanded the scope of the original programme by providing free gynaecological surgery and specialist paediatric care, and by bringing in a reconstructive gynaecological plastic surgeon to an area with very limited resources.

All these achievements reflect the **Dexeus Mujer Foundation's mission to promote a form of medicine that is more humane, innovative and committed to society**. They are also the result of the commitment, dedication, and active involvement of professionals, partner organisations, and institutions that share this vision and ensure that each project has a real impact on and improvement in women's quality of life and health.

On behalf of the Foundation, we would like to express our sincere thanks to everyone.

STRATEGIC AREAS OF ACTION



RESEARCH

Promoting scientific knowledge in women's health

We carry out rigorous research to advance knowledge and improve women's health at every stage of their lives.



TEACHING

Knowledge transfer and professional development

We promote teaching and training to put scientific knowledge into practice and improve healthcare for women.



SOCIAL ACTION

**Support programmes,
campaigns and workshops**

We offer free support programmes, run workshops and organise social awareness campaigns to improve women's health and quality of life.



OUTREACH

**Communication
and outreach activities**

We share the latest innovations in women's health to improve medical care, strengthen prevention, and promote social awareness and self-care.

ORGANISATION

HONORARY COMMITTEE



His Honour, the
President of the
Generalitat de
Catalunya
Mr Salvador Illa



His Excellency
Mayor of Barcelona
Mr Jaume Collboni



His Excellency, the
Rector of the UAB
**Dr Francisco Javier
Lafuente**

BOARD OF TRUSTEES



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Ms Mª Victoria Vilá



Mr John de Zulueta



Dr Ramón Labastida



Dr Alicia Úbeda



Mr Manuel Zafra

SCIENTIFIC COMMITTEE

General Gynaecology Committee



Prof. Nikolaos Polyzos
Director



Dr M^a Ángela Pascual
Secretary



Dr Sonia Baulies
Internal member



Dr Juan Luis Alcázar
External member

Obstetrics Committee



Dr Bernat Serra
Internal member



Dr Eduard Gratacós
External member

Reproductive Medicine Committee



Dr Ventura Coroleu
Internal member



Dr Francesc Fàbregues
External member

Basic Sciences Committee



Dr Francesc Tresserra
Internal member



Dr Ángel Raya
External member

Committee on Gynaecological Oncology and Breast Cancer



Dr Rafael Fàbregas
Internal member



Dr Agustín Barnadas
External member

A hand is shown using a pipette to transfer a liquid sample into a multi-well plate. In the background, a petri dish is visible, suggesting a laboratory or research setting. The image is overlaid with a semi-transparent blue and orange gradient.

PURPOSE

We promote the advancement of knowledge applied to women's health at every stage of their lives, through research, the training of specialists, and the development of care programmes that improve their health and quality of life. In this way, we are helping create a healthier society committed to women's health.



VALUES

1. Scientific rigour

We strive for excellence, rigour and quality in the generation and application of scientific knowledge.

2. Knowledge transfer

We promote the transfer of knowledge through training, teaching and research, encouraging its application to improve women's health.

3. Care focused on women's health

We focus our work on improving women's health at every stage of their lives, placing their needs at the centre and promoting personalised, responsible care that is geared towards their wellbeing.

COLLABORATIONS

The Foundation collaborates with academic institutions, clinical centres, social organisations and the biomedical industry, fostering partnerships that enable the development of innovation projects, care programmes and awareness-raising initiatives with a direct impact on healthcare and society.

Academic partnerships: We generate knowledge

Autonomous University of Barcelona

- Master's degree in Reproductive Biology.
- Postgraduate programmes.
- Doctoral theses.
- Online and face-to-face training.
- Training placements.
- Virtual classroom.
- Rotations for undergraduate medical students.

University of Vic – Central University of Catalonia

- Master's degree in gynaecological ultrasound.

UIC – International University of Catalonia

Rotations for undergraduate medical students.

Clinical partnerships for women's health and wellbeing

Dexeus University Hospital

- Clinical care.
- Post-female genital mutilation genital reconstruction programme.

Dexeus Women's

- Clinical training.
- Applied research.

Guttmann Institute

- Gynaecological care for women with disabilities.

MIR PROGRAMME Dexeus University Hospital

- The Dexeus Mujer team provides training to new medical interns (MIRs) specialising in Gynaecology and Obstetrics at the Dexeus University Hospital.

Partnerships with a social impact:

partnerships and campaigns to raise awareness and support, aimed at improving women's health and wellbeing, with a particular focus on vulnerable groups

Women'ssecret

- A collaborative project to improve the quality of life of women diagnosed with cancer. The #simeimporta movement.

Probitas Foundation

- Sex education for young people. Campus Probitas online platform.

Dr Rosell Cancer Institute – Dexeus University Hospital – Mesoesthetic

- Workshops and webinars aimed at patients diagnosed with cancer.

MANGO

- Fertility preservation project for cancer patients.
- Humanitarian aid project in Cameroon.

Programmes run by the Foundation and the Dexeus Mujer Group

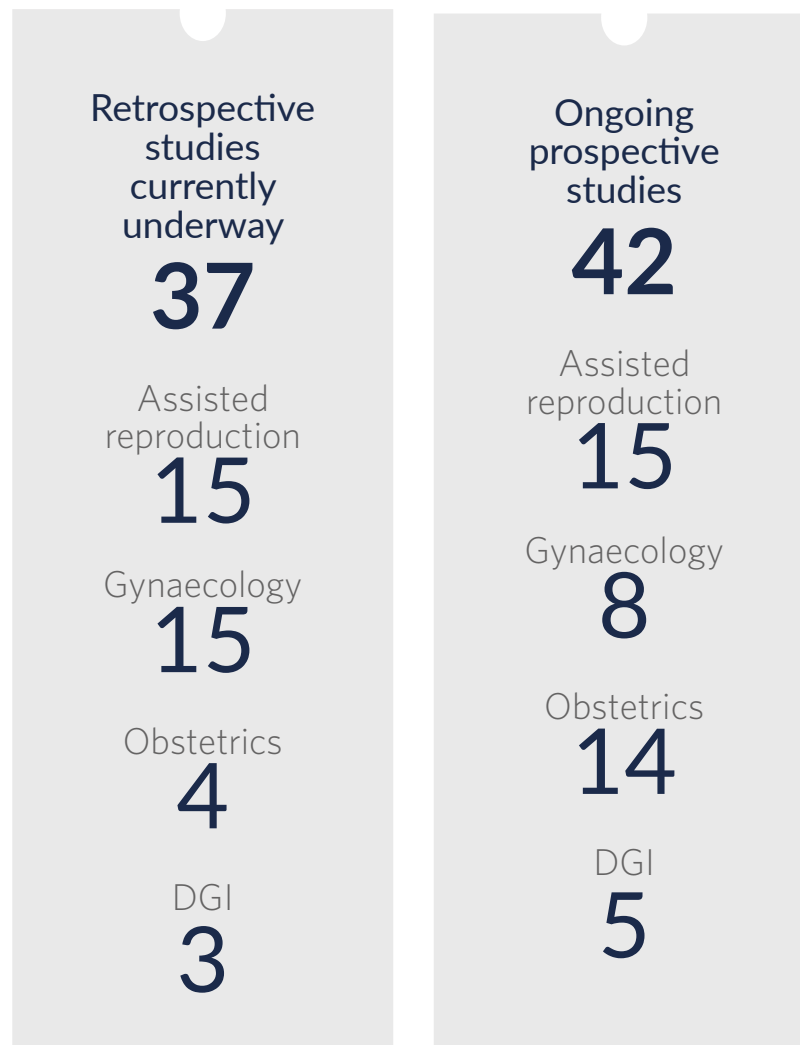
- Fertility preservation in cancer patients.
- Genital reconstruction following ablation.
- The "Primer Impacto" programme, providing psychosocial support to cancer patients and their families.
- Humanitarian Action Projects – Cameroon Project in collaboration with the Jean Félicien Gacha Foundation.





IN FIGURES

RESEARCH



SCIENCE

Total number of
publications /
Impact factor
33 / 4.458

Assisted
reproduction
10 / 5.15

Gynaecology
17 / 2.5

Obstetrics
2 / 2.5

DGI
1 / 6.3

Biology
6 / 9.2

TEACHING AND TRAINING

Undergraduate
studies
35
students

Postgraduate
education
74
students

Training
placements
8
students

Hands-on Biology
Courses
3
11 registered

Face-to-face
courses
3
37 registered

Online courses
3
95 registered

Industry courses
9
155 registered

IN-HOUSE TRAINING AND DEVELOPMENT

Continuing
professional
development

153
applications

Assisted
reproduction

26

Gynaecology

60

Obstetrics

44

Cross-functional /
corporate

23

Induction training
(new staff)

HCE Course
Overview

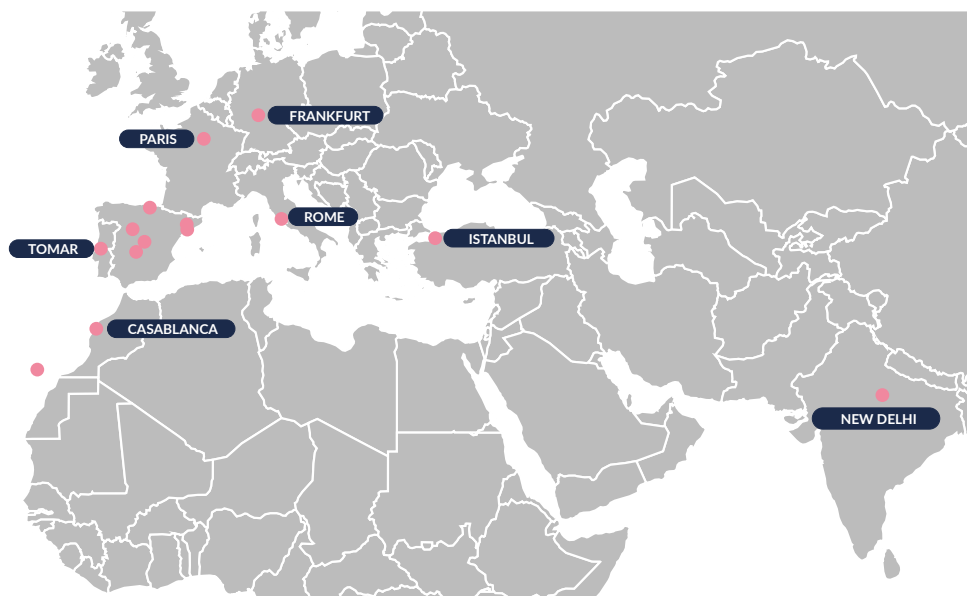
Internal Feature:
Dexeus Campus
Community

In-house
continuing
professional
development

SMR Community
Internal Module

Internal section:
Dexeus Residents'
Community

23 CONFERENCES



- The 37th AEPCC Congress 2025. Tenerife. Spain
- 32nd Congress of the Spanish Society of Pathological Anatomy – International Academy of Pathology and the Spanish Society of Cytopathology. San Sebastián. Spain
- 7th Spanish Breast Cancer Congress and 19th SETS Meeting. Madrid. Spain
- AEPCC. Tenerife. Spain
- 23rd ASEBIR Congress. Barcelona. Spain
- 5th Congress on International Cooperation of the OMC (Spanish Medical Association). San Sebastián. Spain
- IBSA Advances Meeting on Fertility. Madrid. Spain
- 17th Spanish Congress of Sexology and 16th Ibero-American Meeting of Sexology Professionals. Madrid. Spain
- 3rd SEGERF National Congress. Toledo. Spain
- 38th National Congress of the Spanish Society of Gynaecology and Obstetrics (SEGO 2025). Salamanca. Spain
- 19th AEEM National Congress. Madrid. Spain
- 21st European Congress on Digital Pathology. Barcelona. Spain
- Catalan Congress on Breast Imaging and Pathology. Granollers. Spain
- ESHRE 2025. Paris. France
- 29th European Congress of Obstetrics and Gynaecology. Frankfurt. Germany
- Symposium of the International Academy of Perinatal Medicine. New Delhi. India
- ESGO 2025. Rome. Italy
- 43rd Congress of the SMFC (Moroccan Society for Fertility and Contraception). Casablanca. Morocco
- ISUOG 2025. Cancún. Mexico
- ALMER & the Mexican Congress of Reproductive Medicine. Tulum. Mexico
- 20th National Congress of the Portuguese Society of Pathological Anatomy and 23rd National Congress of the Portuguese Society of Cytology. Take. Portugal
- ESGE 34th. Istanbul. Turkey

SOCIAL ACTION

We run free support programmes and awareness campaigns to improve women's quality of life.

CARE FOR CANCER PATIENTS



Free fertility preservation programme for cancer patients

We offer the option of freezing eggs to patients diagnosed with cancer who are due to undergo treatment that may affect their fertility, and who do not wish to give up the prospect of motherhood in the future.

Primer Impacto programme

We provide free psychological support to help patients and their families cope with a cancer diagnosis.

Testimonial Volunteering Programme

Women who have overcome cancer support and advise other patients who have been through similar experiences.

#simeimporta movement – Women'secret

We run charitable initiatives in partnership with Women'secret to improve the quality of life of cancer patients.

Workshops for patients

We organise information and support sessions to help promote your physical and emotional wellbeing.

SOCIAL PROGRAMMES

In addition to programmes aimed at women with cancer, the Dexeus Mujer Foundation devotes particular attention to various groups who find themselves in vulnerable situations.

Humanitarian aid projects

We provide specialist care to low-income people in rural areas and on-site training for local doctors and healthcare staff in communities with limited access to medical services.

Post-excision genital reconstruction

Our programme offers free reconstructive surgery and emotional support to women who have undergone female genital mutilation and wish to regain their intimate and sexual wellbeing.

Gynaecological care for women with disabilities

In partnership with the Institut Guttmann, we offer specialist gynaecological care tailored to your needs.



FREE FERTILITY PRESERVATION PROGRAMME FOR CANCER PATIENTS

160
treatments
since 2009

Middle Ages
34
years

We offer free vitrification of eggs and/or ovarian tissue to women of childbearing age before they begin cancer treatment, so that they can preserve their future fertility.

What does it involve?

The cells are extracted and frozen before chemotherapy or surgery, and the Foundation and Dexeus University Hospital cover storage costs for five years.





‘PRIMER IMPACTO’ PROGRAMME FEATURING A PATIENT DIAGNOSED WITH CANCER

Free psychological support to help patients come to terms with the news and adapt to their illness, aimed at both patients and their closest family members (partners, parents and children).

In women, breast cancer is the most common form of cancer – according to statistics, 1 in 8 women may develop this disease – and although many patients feel strong enough to cope with it, it is not always easy.

What does it involve?

Launched in 2012, the programme offers an initial psycho-oncological assessment following diagnosis and, if necessary, a referral to specialist support.

VOLUNTEER PROGRAMME BREAST CANCER TESTIMONIAL



A voluntary mentoring scheme between women who have overcome breast cancer and those who have recently been diagnosed, to share experiences and offer emotional support.

What does it involve?

The programme connects women in recovery with others currently living with the illness to facilitate a more positive physical, psychological and aesthetic recovery.

Benefits of the programme

For the patient

It helps reduce isolation, anxiety, and uncertainty, and boosts confidence, resilience, and hope for the future.

For the volunteer

It enables them to share their experience, feel useful and boost their self-esteem, personal wellbeing and sense of making a positive impact.

COLLECTION women'secret

A charity initiative between the Dexeus Mujer Foundation and Women'secret to improve the quality of life of breast cancer patients.

#simeimporta Project

Launched in 2013, this range of post-surgery bras was developed with specialist medical advice, and proceeds go towards the fertility preservation programme. Since this first project, the partnership with Women'secret has continued year after year, with various campaigns to raise awareness and promote social support for women with cancer.

What does it involve?

Clothing designed to meet the needs of women who have undergone breast cancer surgery, featuring contemporary designs and affordable prices.

Prosthetic fasteners

Microfibre and cotton styles, with comfortable finishes and practical details to make wearing a prosthesis easier.

Post-operative bra

Designed for the first few days following surgery, it provides greater comfort and makes it easier for the patient to move around.

Details that matter

The collection features soft fabrics and wide straps, with no underwires or rigid parts, to enhance comfort and well-being following surgery.



WORKSHOPS FOR CANCER PATIENTS

The Dexeus Mujer Foundation organises workshops that provide information, support and guidance to women diagnosed with cancer, helping improve their well-being and quality of life.

Cancer – what would you like to know?

A series of sessions covering issues that affect everyday life, but are not usually discussed during a doctor's appointment: sexuality, nutrition, physiotherapy, sport, legal aspects relating to employment matters, and the side effects of treatments, among others.

The workshops are run in collaboration with various organisations:

- ➔ Rossell Cancer Institute
- ➔ Dexeus University Hospital
- ➔ Mesoestetic

Onco-aesthetics workshop

Specialist professional advice on skincare and personal appearance, as well as promoting self-care.

Chemobrain Workshop

A workshop led by professionals from various disciplines to tackle the cognitive decline caused by chemotherapy.

Sexuality and Cancer

A space open to dialogue to address concerns about relationships, changes in body image, loss of libido, and sexual dysfunction resulting from the effects of treatment, among other issues.

HUMANITARIAN ACTION PROJECTS: CAMEROON

Since 2016, the Dexeus Mujer Foundation has supported humanitarian projects in Africa; in January–February 2025, it carried out the second phase of the project in Cameroon (Banganté), ensuring its long-term sustainability.

It offers free gynaecological surgery to women in need, and, for the first time in 2025, it will include a gynaecological reconstructive plastic surgeon and a comprehensive paediatric service for children and newborns.

The 2025 mission consolidated a model of sustainable healthcare cooperation, and the Foundation is planning new projects to ensure the project's continuity.

103

major surgical
procedures carried
out successfully

Around

900

children seen at
specialist paediatric
clinics

1,000

medical
consultations in
gynaecology and
paediatrics

**Practical
training**

for local doctors and
medical students

**Significant
improvement**

in surgical safety
standards at
Bangwa Hospital



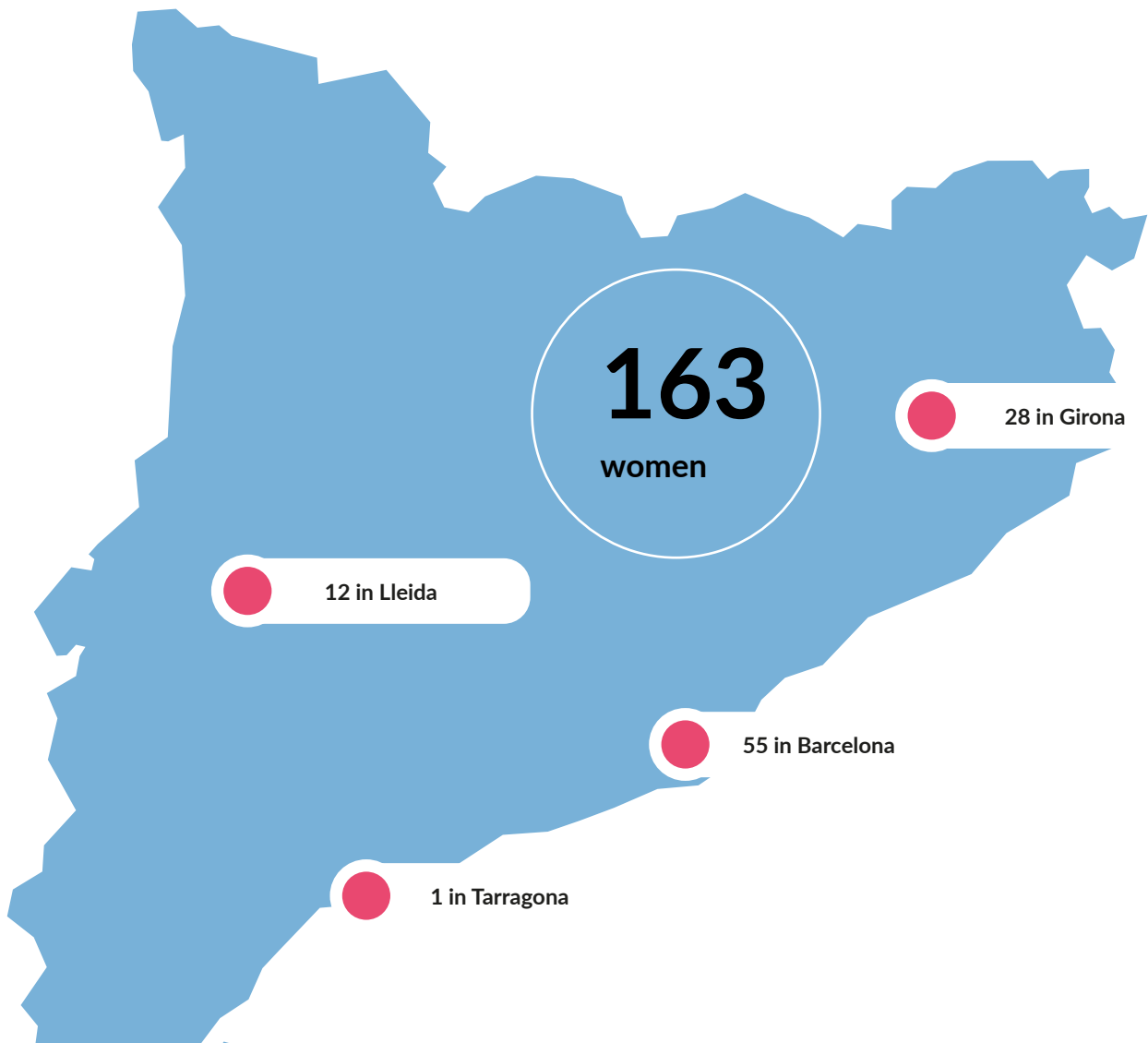


GENITAL RECONSTRUCTION FOLLOWING ABLATION

Since it began, and up to 31 December 2025, the medical team has seen 238 patients and performed reconstructive surgery on 163 women.

Of the 163 women who have undergone the operation, 96 live in Catalonia, accounting for 59% of the total. Broken down by town and its county: 55 lived in Barcelona, 28 in Girona, 12 in Lleida and 1 in Tarragona.

By country of origin, 21% were born in Spain, 23% in Senegal, 17% in The Gambia, and 9% in Mali. The rest come mainly from other African countries, such as Côte d'Ivoire (5%), Guinea (4%), Guinea-Bissau (4%), Nigeria (3%), Burkina Faso (2%), Ghana (2%), Ethiopia (2%) and, to a lesser extent, Sudan, Kenya and Egypt.





GYNAECOLOGICAL CARE FOR WOMEN WITH DISABILITIES

A joint programme with the Guttmann Institute, a leading centre for the rehabilitation of people with disabilities.

What does it involve?

It provides specialist care in gynaecology, obstetrics and reproductive health for women with disabilities.

How is it carried out?

A gynaecologist visits the Institut Guttmann every week to treat women who are unable to attend other gynaecological clinics.

Acknowledgement

The Foundation was named an “Institut Guttmann Partner Organisation” in recognition of its charitable support in improving the quality of life of people with disabilities.

OUTREACH

The Foundation promotes outreach, awareness-raising and public communication initiatives to inform the public, strengthen prevention measures and promote comprehensive healthcare for women

Shares

Participation in and sponsorship of events

- ➔ Participation in the **Women's Race**, 16 November 2025
- ➔ Sponsorship of the **TEDx Via Augusta Women** event at the Port of Tarragona, 14 November 2025

Awareness and social engagement campaigns

- ➔ **Solidarity campaign** for women with cancer, in collaboration with Women'secret: "Being more mindful of our words looks after us all better", November 2025
- ➔ **Raising awareness about the menopause:** Programme to raise awareness of the menopause and its effects – Dexeus Midlife, December 2025

Workshops and conferences

- ➔ **Lecture: "Prevention and early detection of breast cancer"** – Grand Hyatt Barcelona Hotel, October 2025
Dr Sonia Baulies, Head of the Gynaecology Department at Dexeus Mujer
Laura Marco, nurse in the Gynaecological Oncology and Mastology Unit at Dexeus Mujer
- ➔ **Menopause workshop at the Aura Foundation** December 2025
Dr Antonella de Ponte, a gynaecologist specialising in the menopause at Dexeus Mujer and the Dexeus Midlife centre
- ➔ **"Amb veu de Dona" series** – Cadena SER Tarragona: "Motherhood at 40", October 2025
Dr Sonia Rombaut, Head of the Obstetrics Department at Dexeus Mujer





Own media channels

- ➔ **Professional newsletter.** Aimed at professionals and medical contacts in the sector. It aims to share knowledge, raise the profile of research conducted by the Dexeus Mujer team, and strengthen our community.
- ➔ **Science blog.** It brings together news of interest regarding research activities, involvement in scientific societies, participation in conferences, awards received and other activities carried out by the Dexeus Mujer team.
- ➔ **Press releases, the Dexeus Mujer blog, the YouTube channel and social media**
We carry out a range of communication initiatives to provide the public with high-quality information on women's health, to promote prevention, and to raise the profile of the research and social programmes supported by the Dexeus Mujer Foundation.

